Mountain Trip Packing List

What to Pack · https://northernfrontier.org/resources/mountain-trip-packing-list/

The following packing list is recommended for campers attending our Mountain Trip.

☐ T-shirts (4) - Moisture-wicking

☐ Long-sleeved shirt (1)

☐ Sweater (1) – Light wool or fleece

☐ Rain jacket – Lightweight

☐ Windbreaker jacket

☐ Hiking shorts (3)

☐ Hiking pants (1)

☐ Swimsuit (1)

☐ Underwear (6)

☐ Hiking socks (2) - Wool

☐ Rugged sandals or running shoes

☐ Hiking shoes - Well broken-in

☐ Bible (small), journal & pen

☐ Showering towel & washcloth

☐ Swimming towel

☐ Toothbrush & toothpaste

☐ Pillow

☐ Sleeping bag – Lightweight, synthetic

☐ Sleeping pad

☐ Waterproof stuff bag

☐ Flashlight, headlamp & batteries - Small

☐ Sunglasses

☐ Hat

☐ Sunscreen - Small

☐ Insect Repellent - Small

☐ Waterbottle

Optional Items:

Comb or brush, camera, compass, hiking backpack.

Northern Frontier provides:

Packs, tents, food, cooking equipment and utensils, dry bags, and water filters.

What NOT to bring:

✗ Electronic devices, including but not limited to radios, cell phones, tablets, laptops, or portable gaming systems, are not permitted.

✗ Knives or hatchets are not permitted.

NOTE:

Northern Frontier is in the Adirondacks Mountains. Cold or wet weather is always a possibility, so pack accordingly.

We strongly recommend marking personal items with the camper’s initials.