

# Battalion

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 [northernfrontier.org/basecamp/battalion/day-three/](http://northernfrontier.org/basecamp/battalion/day-three/)

## Day Three

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Biblical Self-Control is Harder!

The Focus

In this video, we'll start thinking about the relationship between guilt and shame and how our stubbornness prevents spiritual growth.

Essential Question

What does it mean to give up your selfish, worldly ways and follow Jesus?

Today's Verses

2 Timothy 3:1-5

But understand this, that in the last days there will come times of difficulty. <sup>2</sup> For people will be lovers of self, lovers of money, proud, arrogant, abusive, disobedient to their parents, ungrateful, unholy, <sup>3</sup> heartless, unappeasable, slanderous, without self-control, brutal, not loving good, <sup>4</sup> treacherous, reckless, swollen with conceit, lovers of pleasure rather than lovers of God, <sup>5</sup> having the appearance of godliness, but denying its power. Avoid such people.

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Luke 9:23

<sup>23</sup> And he said to all, "If anyone would come after me, let him deny himself and take up his cross daily and follow me.

What is stubbornness? What does it mean to be stubborn? Jot down some ideas.

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Do you understand what it means to "give up your selfish ways and follow Jesus"? Why is it hard to stop being stubborn?

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*And he said to all, "If anyone would come after me, let him deny himself and take up his cross daily and follow me.*

## Luke 9:23

Has your stubbornness or sin ever affected your fellowship with Christ? Explain.

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How do we begin to recognize our need for change?

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Joel said we have a “need for the cross”. What does he mean?

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Read Luke 9:23. What does it mean to glorify God in everything you do?

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Jacob said it gets “easier” to be less distracted when you grow in your fellowship with Christ. He is not saying that living for Jesus is easy, however. What does he mean?

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